



# **LIGHT- & SOUNDSCAPES OF THE URBAN NIGHT**

## **BERLIN/FLORENCE**

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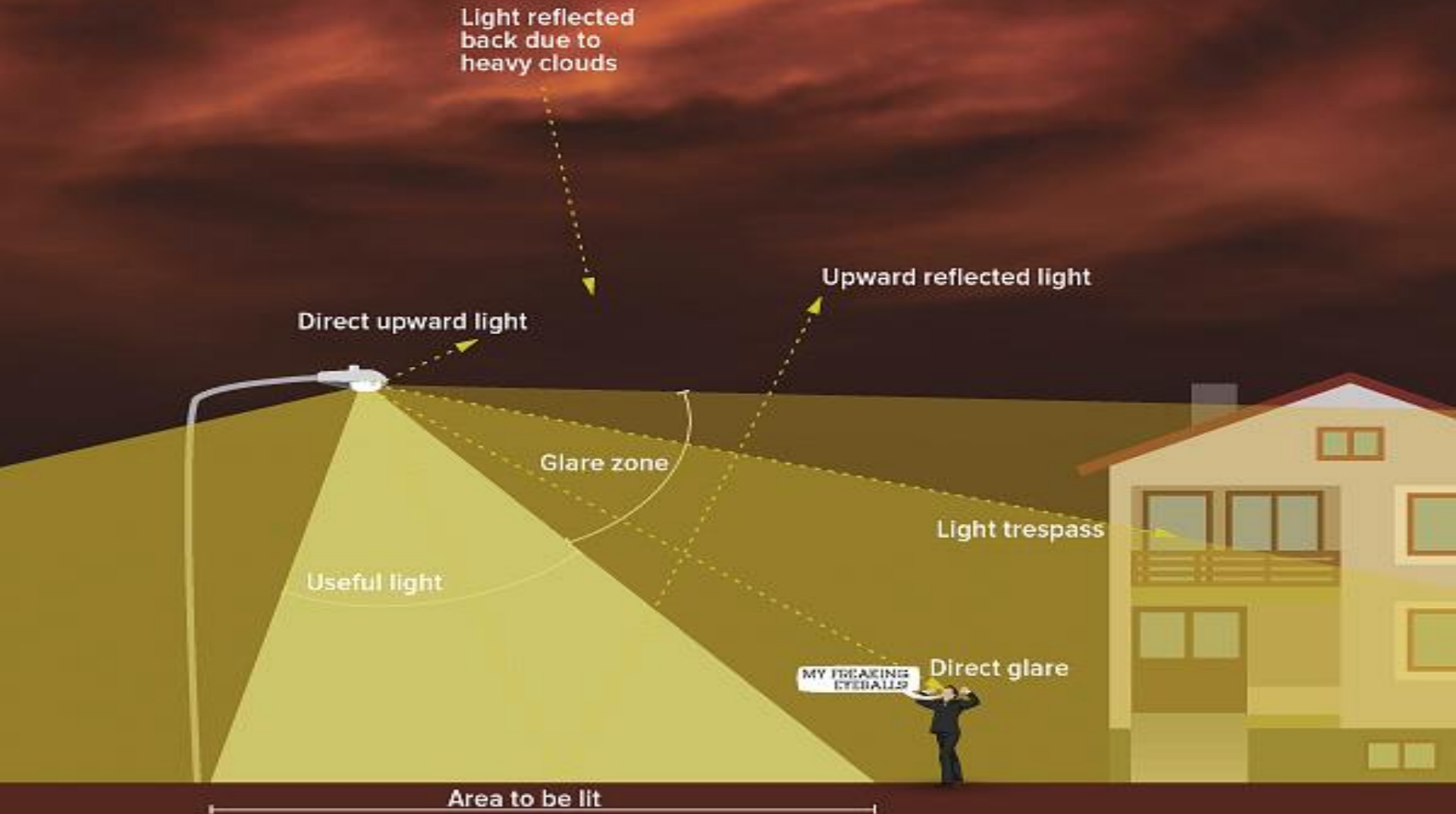
Prof. Dr. D. Henckel, Technical University of Berlin  
Dr. Arch. A. Radicchi, Technical University of Berlin

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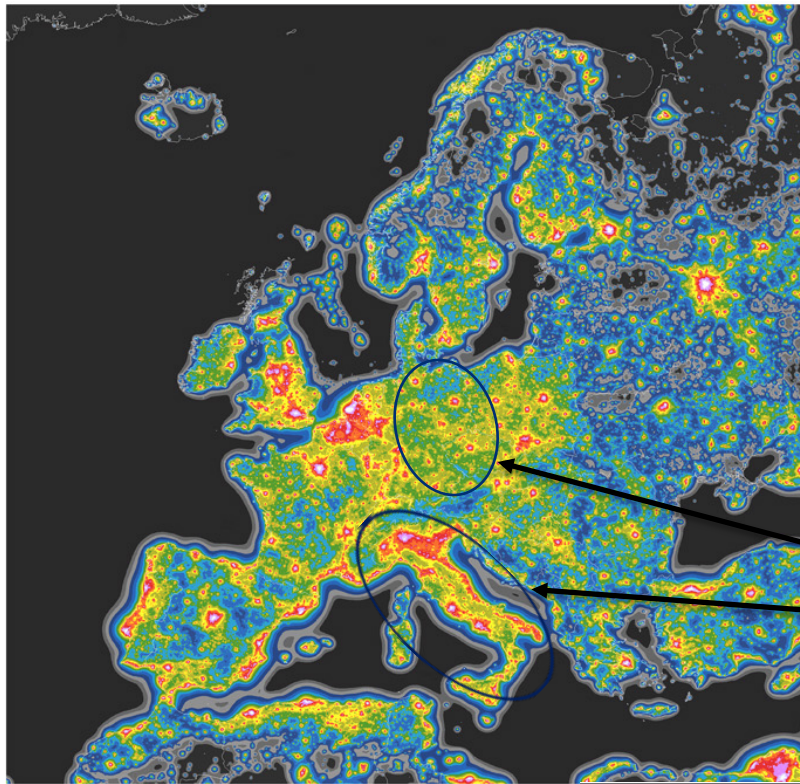
CGI2017 | Rome June 7 2017



# TYPES of LIGHT POLLUTION



# Map of Europe's artificial sky brightness



As shown there are several aspects of light pollution, one is artificial sky brightness.

The new world atlas of artificial night brightness gives the most recent overview on this indicator world wide. The brightness increases from black to white.

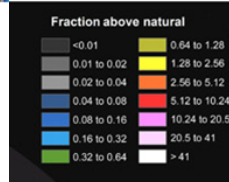
**As visible Italy is much brighter than Germany.**

Germany

Italy

Fabio Falchi et al. Sci Adv 2016

Published by AAAS



ScienceAdvances  
AAAS

# NOISE POLLUTION: HOW LOUD IS TOO LOUD

## FROM ROAD TRAFFIC



NOISE AFFECTS APPROXIMATELY  
125 MILLION EUROPEANS  
(EEA, 2017)

ENVIRONMENTAL NOISE DIRECTIVE  
49/2002  
> 55 dB(A)  $L_{den}$   
> 50 dB(A)  $L_{night}$

## FROM MOVIDA



?

# EFFECTS

## NOISE POLLUTION

&

## LIGHT POLLUTION

SIGNAL DEGRADATION



DISRUPTION OF ECOSYSTEM  
SERVICES, SKY VISIBILITY

HEALTH AND MENTAL PROBLEMS



SLEEP DISRUPTION,  
HEALTH DAMAGES

\$750 BILLION GLOBALLY (WHO 2011)

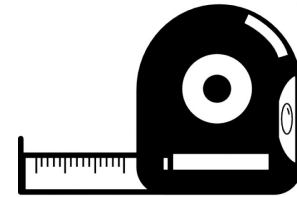
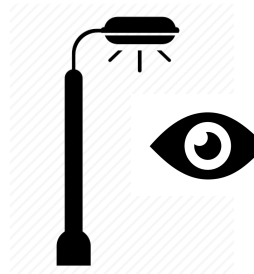


ENERGY COSTS,  
ENVIRONMENTAL COSTS

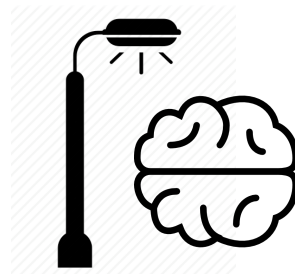
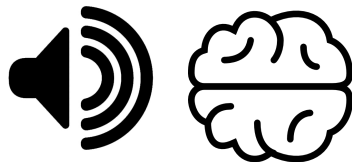
# SIMILARITIES

&

# OPEN QUESTIONS



**BOTH SOUND AND LIGHT ARE EMITTED BY PHYSICAL SOURCES AND CAN BE MEASURED**




**BOTH SOUND AND LIGHT ARE PERCEIVED BY THE BRAIN: EFFECTS **CANNOT** BE MEASURED**



# EU POLICIES / STATE OF THE ART

## SOUND

END 2002/49/EC .....→ METHOD

DECIBELS / 



70 dB(A)



70 dB(A)

## LIGHT

Light is much less regulated than noise, lighting regulation is coming into awareness only recently (in some countries).

For street lighting there are only minimum requirements (ISO), for the future maximum become necessary.

# LIGHT- & SOUNDSCAPES OF THE URBAN NIGHT

## BERLIN/FLORENCE

### MAIN ISSUES

- Artificial Light & Noise pollution are matters of public concern
- Light and Sound Produce Similar Planning Challenges
- They demand mixed and integrated planning approaches

### MAIN GOALS

- Integrated approach: light and sound, policies and empirics
- Development of new methods
- Definition of policy recommendations



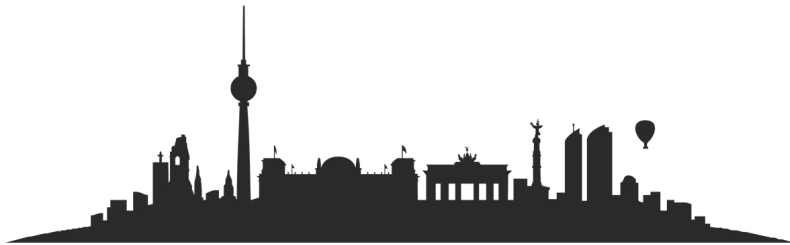
# OLD VERSUS NEW LIGHTING TECHNOLOGIES



# LIGHT- & SOUNDSCAPES OF THE URBAN NIGHT

## BERLIN/FLORENCE

### A COMPARATIVE CASE STUDY



Berlin/Kottbusser Tor



Florence/Santa Croce

### ADDITIONAL METHODS APPLIED

- literature review 
- surveys 
- expert interviews 
- sound and light walk 
- light measurement (luxmeter) 
- sound measurement (db-meter App) 
- sound recordings 
- videos 
- pictures 

# LIGHT- & SOUNDSCAPES OF THE URBAN NIGHT

## BERLIN/FLORENCE

- Henckel, Radicchi CGI 2017 -

### WHAT IS A SOUNDWALK?

“any excursion whose main purpose is listening to the environment” (H. Westerkamp, 1974)

Purpose	Kind
<b>Civic and political</b> To increase sonic awareness of listening and the soundscape culture	Silent soundwalks
<b>Educational</b> To train for soundscape action research	Commented soundwalks with simple evaluation points
<b>Research</b> To evaluate the soundscapes in order to develop analyses, evaluation and planning criteria	Solo Soundwalks <b>Soundwalks</b> with complex evaluation points

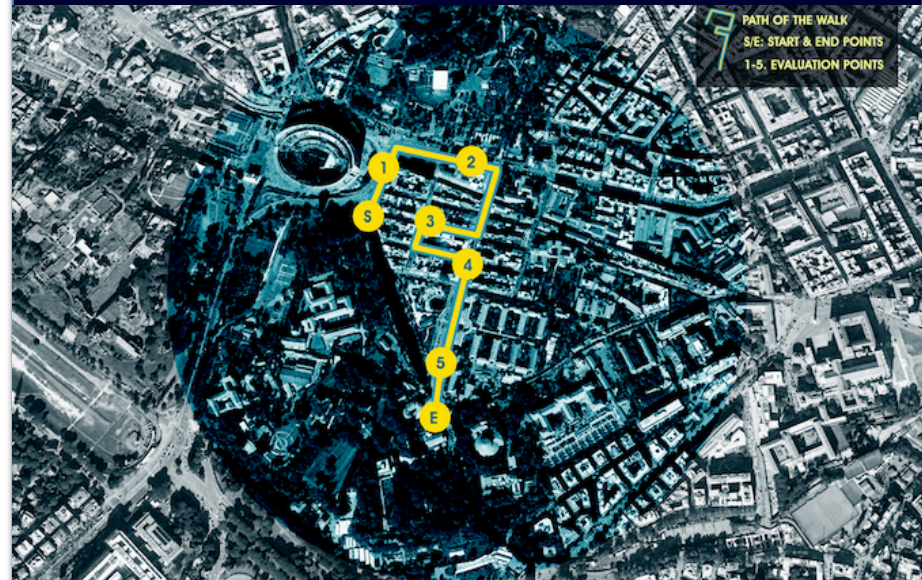
[Table from Radicchi, A. (2017): A Pocket Guide to Soundwalking. Some introductory notes on its origin, established methods and four experimental variations. (in press)]

### WHAT IT IS A SOUND- & LIGHTWALK?

“a combined sound- & light walk could be meant as any excursion whose main purpose is listening to the environment and looking at its artificially lit components” (Henckel, D., Radicchi, A. 2017)

Studio project > silent sound- & lightwalk

Conference > sound- & lightwalk with complex evaluation points





# LIGHT- & SOUNDSCAPES OF THE URBAN NIGHT

## BERLIN/FLORENCE

### COMPARISON OF FINDINGS



Berlin



Florence

#### DIFFERENCES

In Berlin the term „loud“ is associated with traffic

Area generally perceived as loud TRAFFIC area

Sound levels similar in both cities but...

...Berlin people rate the sound intensity higher

Loud noise from people play a bigger role

Area generally perceived as loud NIGHTLIFE area

...Florentine people rate sound intensity lower

#### SIMILARITIES

Quiet places create positive feelings, associations with nature

Loud places create more negative feelings  
general association with „loud“ is traffic



Berlin



Florence

#### DIFFERENCES

In Berlin Illumination levels are significantly below DIN recommendations.

Even though Berlin is much darker in total...

Italy is the most light polluted country in the world (besides South Korea)

...and Florence is much brighter lit ...

.... the perception of people regarding light intensity is similar in both cities.

#### SIMILARITIES

Dark places associate more negative feelings

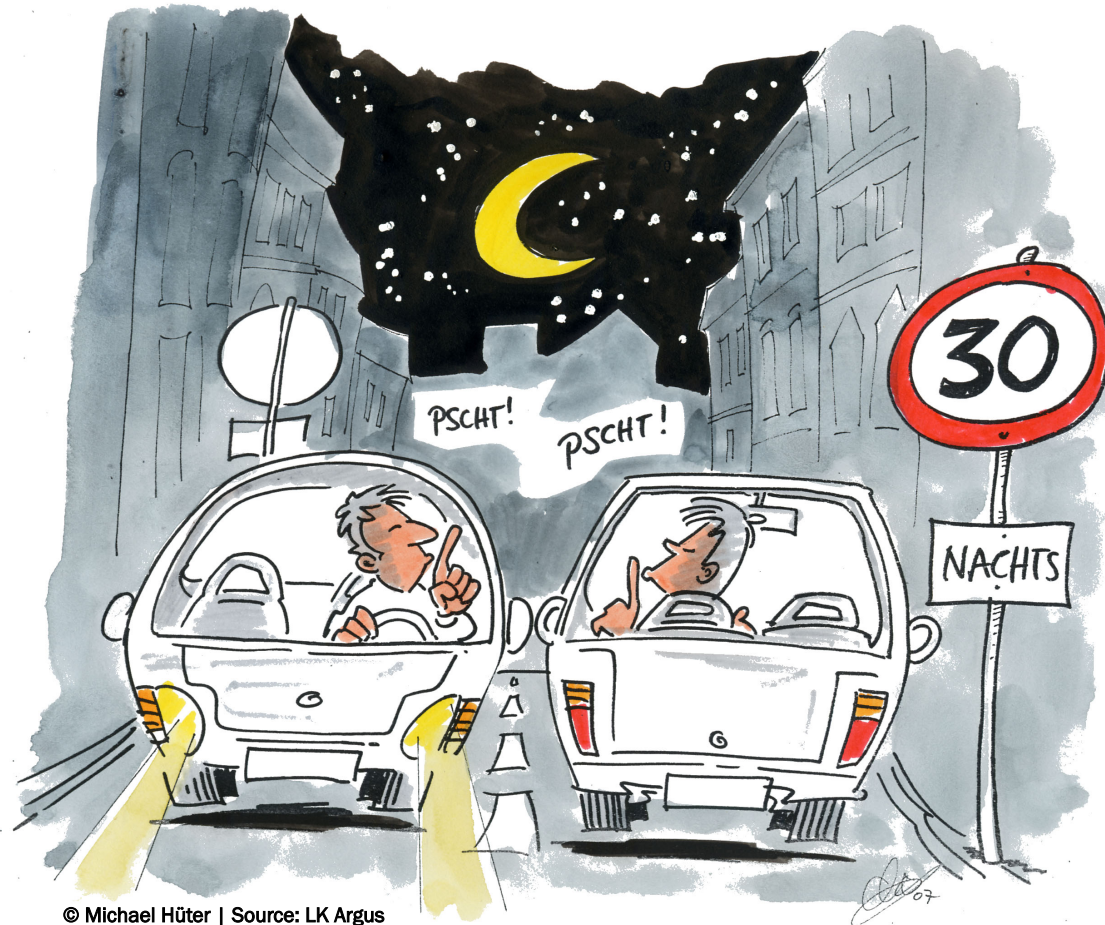
Bright lit places create rather positive feelings, but it depends on the light source.

Light gives information about surrounding uses of buildings

# CONCLUSION & FUTURE WORK

- **Light and sound (should) play an important role in urban planning**
- **Even in well advanced cities like Berlin and Florence the topics – let alone their integration - are heavily underrated**
- **The project was experimental and heuristic in its structure – but it produced valuable results and insights for**
  - The integration of both topics
  - For the improvement of methods (integration of qualitative and quantitative data)
  - For the development and improvement of the integrated sound- and lightwalk as a method for sensitizing the participants and to produce valuable data
  - The data should and could impact on urban planning
  - Recommendations for regulation on different scales
  - Triggered in international cooperation for projects
- **Contribution to the improvement of urban quality of life**
- **Future research agenda**

# THANK YOU FOR LISTENING!



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